

Application for Futures Fitness Membership

I hereby agree to apply for membership of Northfield Sportsdrome Fitness Suite (The Club). I agree that if my application is passed for membership I will be subject to the terms and conditions of membership. I agree to pay to Northfield Sportsdrome the membership fees stated below.

I confirm that the information provided is correct and that should our circumstances change which render the information incorrect then I shall notify the club immediately in writing.

Personal Details

TITLE	MR / MISS	SURNAME	FORENAME
ADDRESS:			
POSTCODE:			
TELEPHONE		DATE OF BIRTH	
MOBILE		SCHOOL ATTENDED	
EMERGENCY		E-MAIL	

How have you heard about the Sportsdrome and Fitness Suite? (Please Tick)

PAPER AD WALK IN DIRECT MAIL RADIO REFERRAL

RECOMMENDATION OTHER

Membership Category

JUNIOR FITNESS CLUB £1.80 per visit

£9.00 per month

WELLNESS KEY (Refundable*) £12.50 per person

Notes:

Current Access Times (includes Term and Holiday Time)

Mondays	3.30pm – 4.30pm
Tuesdays	n/a
Wednesdays	3.30 – 4.30pm
Thursdays	n/a
Fridays	3.30pm – 10.00pm
Saturdays	8.30am – 6.00pm
Sundays	8.30am – 6.00pm.

Last access to the fitness suite is 30 minutes before closing.

Method of Payment

(Official Use Only)

DEBIT CARD <input type="checkbox"/>	CHEQUE <input type="checkbox"/>
CREDIT CARD <input type="checkbox"/>	CASH <input type="checkbox"/>
DIRECT DEBIT <input type="checkbox"/>	

AMOUNT PAID / DATE	
MEMBERSHIP START DATE	
MEMBERSHIP EXPIRY DATE	
MEMBERSHIP NUMBER	

Notes

Please refer to centre information leaflet or membership handbook for access times regarding membership categories.

*Please note that refunds will only be issued when you return your Wellness Key to the centre and that your refund will be refunded in the same format as when you initially joined.

PLEASE COMPLETE THE REQUESTED INFORMATION OVERLEAF THEN SIGN AND DATE

Health Questionnaire

Before using any of the equipment available within the Fitness Centre all members must complete this initial stage of an induction process. It is in your interests to declare previous medical information concerning yourself and complete the induction process before embarking upon an exercise routine.

Medical Contact Details (please print)

Doctors Name	<input type="text"/>	Address	<input type="text"/>
Contact Number	<input type="text"/>		

Have you experienced with any of the following – Allergies? Asthma? Back Complaint? Bladder Complaint? Bone / Joint Problems? Chest Complaint? Diabetes? Dizziness? Epilepsy? Fainting? Heart Complaint? Hernia? High / Low Blood Pressure? Kidney / Stomach Ulcers? Varicose Veins? Other Problems?

Please Give Details:

Have you recently seen a doctor?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Date Visited:	<input type="text"/>
Are you taking any form of medication?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Details:	<input type="text"/>

Has your child ever used a fitness room before?	<input type="checkbox"/> Yes, Still Training	<input type="checkbox"/> Yes, Stopped Training	<input type="checkbox"/> No
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Which areas would you like to improve upon?	<input type="checkbox"/> Weight Control	<input type="checkbox"/> Cardio	<input type="checkbox"/> Flexibility
	<input type="checkbox"/> Strength	<input type="checkbox"/> Toning	

Height / Weight	<input type="text"/> Feet / Inch	<input type="text"/> Stone
	<input type="text"/> Cms	<input type="text"/> Kgs

Junior Fitness Club Personal Conduct and Expectations

During the course of a juniors visit they shall be under the control of Sportsdrome Fitness Trainers. Children are expected to conduct themselves in a safe and appropriate manner throughout their visit.

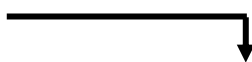
We do not tolerate swearing, bullying, or threatening behaviour to other junior members or staff. If any junior is found acting out of order the following actions shall be taken:

- As we are responsible for the safety of all juniors during their visit to the Fitness Suite, we expect them to respect our decisions and instructions and to respond to them promptly.
- If their behaviour disrupts the session in a way that spoils enjoyment for others, the child will be given a 'Time Out'. This is where a junior will be excluded from the Fitness Suite for at least 5 minutes to 'cool off' before re-joining the group if applicable.
- If they continue to misbehave and we are unable to control the situation, we will phone you about your child. We are unable to accept behaviour that may spoil the activities for other juniors.

It is our endeavour to encourage and help develop physical fitness for junior members, however, should we identify junior members who refuse to adhere to their fitness programme within certain parameters, e.g. lifting weights beyond trainer guidance, then their membership of the Fitness Suite may be cancelled. Any decision to allow juniors back in the Junior Fitness Club will be at the discretion of the Sportsdrome Manager.

Thank you for completing this form. Your details will be treated in the strictest confidence and held in accordance with the Data Protection Act 1998.

Sign and Date Here



I declare I am the authorised parent / guardian of the child named and that I have read and understood the terms and conditions of membership and agree to those conditions.

Signed By Parent / Guardian:

Date:

On Behalf of Northfield Sportsdrome:

Date: