



## Guide to completing your PE lessons from home: Just Dance

### Before you start:

Change into appropriate sports clothing & trainers

Remove all jewellery & tie your hair back

Ensure the area you are working is safe and free from obstructions

### Individual Dances

1. [Fifth Harmony: Worth It](#)
2. [Footloose](#)
3. [Shakira: Hips Don't Lie](#)
4. [ABBA: Dancing Queen](#)
5. [Britney Spears: Toxic](#)
6. [Beyonce: Single Ladies](#)
7. [Justin Bieber: Baby](#)
8. [Elton John: I'm Still Standing](#)
9. [Dua Lipa: New Rules](#)
10. [Lil Nas X: Old Town Road](#)
11. [Nicki Minaj: Starships](#)
12. [Frozen: Into the Unknown](#)
13. [Carly Rae Jepsen: Call me Maybe](#)
14. [Katy Perry: Firework](#)



### Paired Dances

1. [Pitbull: Timber](#)
2. [Grease: You're the One that I Want](#)
3. [Justin Bieber: Let me Love You](#)
4. [Sia: Cheap Thrills](#)
5. [Camila Cabello: Havana](#)
6. [Chainsmokers: Closer](#)
7. [PSY: Gangnam Style](#)

### Group Dances

1. [One Direction: Kiss You](#)
2. [One Direction: What Makes you Beautiful](#)
3. [Katy Perry: Swish Swish](#)
4. [ABBA: Mamma Mia](#)
5. [Boney M: Rasputin](#)
6. [Village People: YMCA](#)
7. [Bruno Mars: Finesse](#)
8. [Iggy Azalea: Fancy](#)
9. [Eva Simpson: Policeman](#)
10. [Will I Am: Scream and Shout](#)
11. [Jason Derulo: Swalla](#)
12. [Shakira: Waka Waka](#)
13. [Ariana Grande: 7 Rings](#)
14. [Silento: Watch me Whip](#)
15. [Luis Fonsi: Despacito](#)
16. [Taio Cruz: Dynamite](#)
17. [Macarena](#)
18. [Jason Derulo: Get Ugly](#)